

Memoreal Anteunis 26: Session: 3: COACH evaluation sheet for TEAM: OZEKA

Coachinfo: Warming up from: 08:00 untill 08:50. Teamleadmeeting @ 08:45 The listed starttimes are indicative!

Coaches: Speliers Sabrina HEADCOACH

Coaches: Devriese Boris

Coaches: Wielfaert Wout

PB => Personal Best time SB => Seasons Best time: Season starting point: first of September.

Event number: 19: 200M BREASTSTROKE WOMEN 11-17							Heat:2, starttime: 09:04	
Heat: 2/9 Lane : 5 Athlete: DE KETELAERE FEBE							Q-time: 03:48:37	
PB (25m pool): 04:02.35 Sint-Amandsberg 19/10/2025							PB (50m pool): 03:48.37 SB: no time	
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:54.01		01:56.06		02:59.00		04:02.35
	00:54.01		01:02.05		01:02.94		01:03.35	
								

Coach feedback:

Event number: 20: 200M BREASTSTROKE MEN 11-17							Heat:3, starttime: 09:45	
Heat: 3/9 Lane : 5 Athlete: HOEYMANS CEDRIC							Q-time: 03:35:73	
PB (25m pool): 03:37.55 Mons 29/03/2025							PB (50m pool): 03:35.73 SB: no time	
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:50.14		01:45.63		02:41.39		03:37.55
	00:50.14		00:55.49		00:55.76		00:56.16	
								

Coach feedback:

Event number: 20: 200M BREASTSTROKE MEN 11-17							Heat:4, starttime: 09:49	
Heat: 4/9 Lane : 1 Athlete: VAN BRAECKEL SEPPE							Q-time: 03:26:05	
PB (25m pool): 03:44.72 LAGO Zwevegem 20/05/2024							PB (50m pool): 03:26.05 SB: no time	
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		no time		no time		no time		03:44.72
	no time							
								

Coach feedback:

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Event number: 20: 200M BREASTSTROKE MEN 11-17							Heat:5, starttime: 09:53	
Heat: 5/9 Lane : 8 Athlete: VAN NIEUWENHUYZE LUKAS							Q-time: 03:11:53	
PB (25m pool): 03:04.57 EEKLO 04/10/2026				PB (50m pool): 03:11.53 SB: 03:04.57 EEKLO 04/10/2026				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:41.59		01:28.70		no time		03:04.57
	00:41.59		00:47.11					
								

Coach feedback:

Event number: 21: 200M BACKSTROKE WOMEN 11-17							Heat:6, starttime: 10:32	
Heat: 6/11 Lane : 1 Athlete: VAN LIERDE ROOS							Q-time: 02:52:34	
PB (25m pool): 02:52.34 Meulebeke 10/05/2026				PB (50m pool): 02:53.14 SB: 02:52.59 EEKLO 04/10/2026				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:40.88		01:24.13		no time		02:52.34
	00:40.88		00:43.25					
								

Coach feedback:

Event number: 22: 200M BACKSTROKE MEN 11-17							Heat:2, starttime: 10:57	
Heat: 2/8 Lane : 8 Athlete: VAN LIERDE DAAN							Q-time: 03:23:83	
PB (25m pool): no time			PB (50m pool): 03:23.83 SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		no time		no time		no time		no time
	no time							
								

Coach feedback:

Event number: 22: 200M BACKSTROKE MEN 11-17							Heat:4, starttime: 11:05	
Heat: 4/8 Lane : 4 Athlete: VAN BRAECKEL SEPPE							Q-time: 02:42:32	
PB (25m pool): 02:42.63 Meulebeke 10/05/2026				PB (50m pool): 02:42.32 SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:38.20		01:20.09		no time		02:42.63
	00:38.20		00:41.89					
								

Coach feedback:

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Event number: 22: 200M BACKSTROKE MEN 11-17							Heat:5, starttime: 11:09	
Heat: 5/8 Lane : 2 Athlete: BOONEN KAREL							Q-time: 02:39:16	
PB (25m pool): 02:39.99 EEKLO 04/10/2026				PB (50m pool): 02:39.16 SB: 02:39.99 EEKLO 04/10/2026				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:36.52		01:16.61		no time		02:39.99
	00:36.52		00:40.09					
								

Coach feedback:

Event number: 25: 200M FREESTYLE WOMEN 11-17							Heat:4, starttime: 11:48	
Heat: 4/19 Lane : 4 Athlete: BERTE LISE							Q-time: 02:48:41	
PB (25m pool): 02:50.92 Meulebeke 10/05/2026				PB (50m pool): 02:48.41 SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:39.82		01:23.63		no time		02:50.92
	00:39.82		00:43.81					
								

Coach feedback:

Event number: 25: 200M FREESTYLE WOMEN 11-17							Heat:8, starttime: 12:01	
Heat: 8/19 Lane : 8 Athlete: VAN LIERDE ROOS							Q-time: 02:38:57	
PB (25m pool): 02:38.36 EEKLO 04/10/2026				PB (50m pool): 02:38.57 SB: 02:38.36 EEKLO 04/10/2026				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:34.44		01:14.98		no time		02:38.36
	00:34.44		00:40.54					
								

Coach feedback:

Event number: 26: 200M FREESTYLE MEN 11-17							Heat:4, starttime: 12:46	
Heat: 4/16 Lane : 7 Athlete: HOEYMANS CEDRIC							Q-time: 02:43:23	
PB (25m pool): 02:43.23 Mons 29/03/2025				PB (50m pool): 02:47.92 SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:37.08		01:18.45		02:01.02		02:43.23
	00:37.08		00:41.37		00:42.57		00:42.21	
								

Coach feedback:

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Event number: 26: 200M FREESTYLE MEN 11-17							Heat:6, starttime: 12:52	
Heat: 6/16 Lane : 3 Athlete: VAN NIEUWENHUYZE LUKAS							Q-time: 02:28:95	
PB (25m pool): 02:28.95 Sportoase De Watermolen 21/07/2026 PB (50m pool): 02:44.28 SB: no time								
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:34.25		01:12.27		01:51.80		02:28.95
	00:34.25		00:38.02		00:39.53		00:37.15	
								

Coach feedback:

Event number: 26: 200M FREESTYLE MEN 11-17							Heat:9, starttime: 13:01	
Heat: 9/16 Lane : 3 Athlete: BOONEN KAREL							Q-time: 02:19:95	
PB (25m pool): 02:19.95 Sportoase De Watermolen 21/07/2026 PB (50m pool): 02:26.94 SB: 02:24.42 EEKLO 04/10/2026								
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:31.89		01:07.55		01:44.32		02:19.95
	00:31.89		00:35.66		00:36.77		00:35.63	
								

Coach feedback: